

# FAIRWIND YACHT CLUB NEWSLETTER

October 2003

Editor: Robert Baron

Vol. 31 No. 10

## FLEET CAPTAIN'S LOG

### CLUB BRUNCH OCTOBER 26

Sunday, October 26 is Fairwind's annual brunch and free sail. It will take place at 10 am at Casa Escobar located at 14160 Palawan Way at Admiralty Way next to Mother's Beach in MdR. The cost is \$16.50 per adult, \$8 for kids 4-12 and free to children under 4. A free sail will follow. Please contact Peter Griswold at (310) 821-9862 for reservations.

### BOAT RESERVATIONS COORDINATOR NEEDED

After four years, Pierre and Nicole Le Bansais have asked to be replaced as Fairwind's Boat Reservations Coordinator. We need a volunteer to step up right away. The job involves taking phone calls and visiting the docks once a week. It's a key position. Please call Dave Lumian at (310) 306-1116 if you are interested.

### OCTOBER 9 MEETING AT CASA ESCOBAR

FYC's Board will meet Thursday, October 9 at Casa Escobar. It is located at 14160 Palawan Way at Admiralty Way next to Mother's Beach in MdR. The Board meeting begins at 7 PM. It was moved up a week early due to schedule conflicts. Email notices were sent out to advise members of the change of date.

### 4 HARBORS CRUISE OCTOBER 16-19

Rob Matheny is leading the 4 Harbors Cruise October

### BOARD MEETING MOVED TO OCT. 9

16-19. The cruise will set anchor at the Isthmus, Avalon and port to be determined. Contact Rob at (323) 938-4768. Skippers and crew needed!

### SAILING CUP AND PICNIC OCTOBER 12

Sunday, October 12 is Discover Marina del Rey Day at Burton Chace Park. In conjunction with the LA County Department of Beaches and Harbors, FYC will sponsor the Marina del Rey Community Sailing Cup and a picnic. We will use a matched set of Hobie Waves (the same ones that we used for the Junior Program). To get involved please contact John Stephenson at (310) 350-2076.

### WOMEN SAILING INSTRUCTOR CLINIC OCTOBER 13

On Monday, October 13 (Columbus Day), Captain Joan Gilmore will lead a special clinic for women sailing instructors (and for women considering becoming sailing instructors). The workshop will run from 10am-4pm at the Fairwind Yacht Club dock.

The workshop is open to the public and there is no charge. And, yes its open to men, too. The workshop is sponsored by Fairwind Yacht Club. The workshop will include a lecture, discussion, and on-the-water training.

Captain Joan Gilmore co-founded Northern Breezes Sailing School in Minnesota, taught cruising at National Women's Sailing Week in Florida and is an Instructor Evaluator for the American Sailing

Association (ASA). Captain Gilmore recently wrote a significant piece for the ASA Instructors and Facilities newsletter (also reprinted here in the Fairwind newsletter) titled "Of Windlasses and Kingpins: Gender Differences in Cognitive Mode When Teaching Sailing" that contrasts the learning differences between men and women.

"Women tend to be information gatherers and men tend to be experience gatherers," wrote Captain Gilmore in her article. "As a sailing couple, the best combination is to have two people with two different learning styles and two different operating styles. That way, when there is any kind of trouble, they can be analyzing it from two perspectives and have two different options on how to handle it. On a boat two heads are better than one. If those two heads have respect for each other's styles, they can really tackle anything that comes their way."

I've received a few questions about this clinic. Given that Fairwind has 38 male instructors and only 2 female instructors, I am hoping to encourage more women to get involved and become trainers. And, yes, we also need more male instructors, too!

## FYC SPONSORS SUCCESSFUL SUMMER SPLASH

The Fourth Annual Indian Summer Splash was a big success. 34 trimarans and catamarans competed in what's become the largest offshore multihull event on the West Coast and the second largest in the nation. The event was co-sponsored by Fairwind Yacht Club and Multi Marine. The start was on Friday, September 19 outside Marina del Rey to Cat Harbor on Catalina. We had a modest breeze and flat water that saw most boats finishing inside of four hours.



Triple Tap at the start.



FYC's Sea Wing near Eagle Rock

The next 48 hours were spent BBQing, hanging out, attending seminars (the 'how to make rope shackles' clinic (they use no metal, are light, sturdy, inexpensive, and don't chafe or corrode) proved most popular. There were lots of hikes and even a nature 'treasure hunt'.

The return start was Sunday noon from Eagle Rock. Using Spinnakers on a reach, most boats finished at Marina del Rey about 3+ hours later.

Fairwind's own F-27, "Seawing" was raced smartly by Rob Matheny, Maury Barth, and Dick Gross. Despite being wet-sailed and without a screecher, the FYC trimaran beat out about half of the other boats, including many of the F-31s! New boat owning FYC member, Mike Leneman took first place on "Delta Vee." Fairwinder David Licata crewed on Alan Egusa's F-31 "Triple Tap" which placed second. Dave Lumian crewed on Adrian Rick's F-28, "Trisha," which placed third. Special thanks to FYC Race Chair John Stephenson, Marc Levine, and Rick Weinberger who did the committee boat duties at the starting line.

Multihull, the Log the Argonaut, Santana, and the Mariner covered the event. So look for coverage in the respective issues ahead.

## CELESTIAL CLASS OFF TO A GREAT START

Charlie Nobles started teaching FYC's first-ever Celestial Navigation class. 24 Fairwind members eager to learn how to steer a course from the sky attended it.

(Continued on page 4)

Charlie did an amazing job of assembling a work book and curriculum guideline. The course includes 5 classroom sessions, 2 field trips to use a sextant, and an optional celestial navigation cruise! Students will finish the course by taking the ASA 107 Celestial Navigation exam.

## BASIC SAILING CLASSES

New basic sailing classes are forming. These classes are perfect for new sailors and also for members with dusty deck shoes. Classes are limited to 2 - 4 students.

Friday, 3pm	Mitch Mandel	(310) 827-2299
Friday, 5pm	Jeff Spieker	(310) 725-9870
Sunday, 11am	Rob Matheny	(323) 938-4768
Monday, 12 noon	Dave Lumian	(310) 306-1116
Wednesday, 2pm	Mark Zyga	(310) 306-9737
Thursday, 5pm	Keith Heerdt	(818) 784-8541
Thursday, 5pm	Mike Adamo	(310) 821-9274

If interested, please contact the instructor to confirm a slot in the class.

## FYC INSTRUCTOR MEETING OCTOBER 23

The next Fairwind Instructor Quarterly Meeting will be Wednesday, October 23 at 7pm at Dave Lumian's house at 652 Angelus Place, Venice. Captain Joan Gilmore will lead a workshop on teaching sailing. All are welcome. Call Dave at (310) 306-1116 if you have any questions.

## ASA 2004 IQCS

Here's the plan for ASA Instructor Qualification Clinics in 2004. These clinics are sure to sharpen your sailing and teaching skills. At commercial skills they cost substantially more than they do at Fairwind for members. Contact me at (310) 306-1116 if you are interested.

ASA 201 Basic Sailing Prep	January 23-25
ASA 201 Basic Sailing IQC	March 5-7
ASA 105 Nav Class	March 17, 24, 31, April 7, 14
ASA 203 Coastal Cruising IQC	April 17
ASA 204 Bareboat IQC	April 18
ASA 213 Trimaran IQC	April 24, 25
ASA 206 Adv Cruising IQC	May 15, 16

## EMAIL LIST

We have most Fairwinders on an email list. This allows us to send you updates and news between newsletters. If you are not receiving emails, please email me at dlumian@aol.com and I will add you to the list.

## PARKING

Everyone should be aware that there's some important parking and neighbor courtesy information to remember.

- 1) We may park in any of the spaces that say "reserved"
- 2) We may also park in any of the spaces inside the car gate. But please fill the "reserved" spaces first.
- 3) There are two "reserved" spaces outside the gate (next to the new handicapped spot and the tree). However, ALL THE OTHER SPACES IN THAT AREA ARE NUMBERED AND SHOULD NOT BE USED WITH US—EVER—EVEN FOR A FEW MINUTES.
- 4) Be nice to our neighbors! If they complain about anything just smile and tell them to take it up with management. Don't get into an argument with them.
- 5) Be respectful of our neighbors—many live aboard and work late hours and sleep in the morning—so in the AM, please KEEP NOISE DOWN and please DO NOT TOUCH THE NON-FYC BOATS (or lean against them or sway their bow pulpit, etc.)
- 6) Please help our neighbors. Do not obstruct the walkway. Help people walk thru. If you are folding a jib, please move it if a neighbor needs to pass. If you are talking to a bunch of folks in a circle, please leave some room for our neighbors to pass.
- 7) Don't Get Towed! Please use an FYC parking plate frame.

If you don't like having it permanently on your car, then please tape it up on the inside of your car's rear window. If placed on the dash or another location it might be overlooked. If hung outside the car it may fall off or get stolen.

A few members have plastic Bar Harbor tags with 'FYC' on the tag. Please do not use these instead of a license plate frame. It may confuse the security and your car may get towed.

### More Spaces

In addition, Bar Harbor agreed to provide us with four more spaces. We now have two more over by the street and two more closer to the boats. This brings our parking to 11 spaces. (One space is where the bike racks are—which they plan to relocate.)

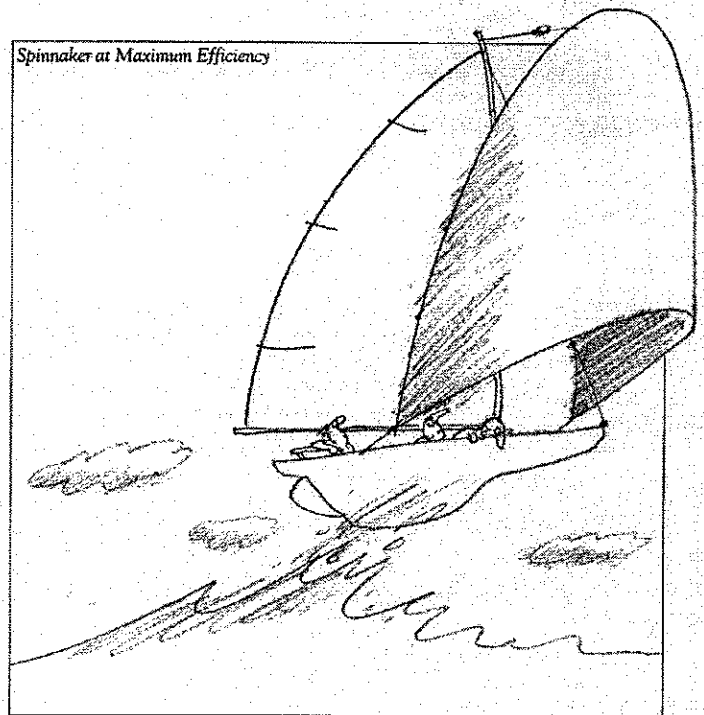
However please note that with regards to the parking spaces off the street, we may not use any of the spaces other than our four spaces. So don't use any of the numbered spaces off the street. They are reserved for specific tenants.

#### 8) Covered Parking

Going on a cruise? Want to keep your car covered and free of bird poop? FYC has three covered parking spots. They are a bit of a hike, but if you first drop off your gear, then drive your car over, it's only a few minutes walk back. It'll also help conserve parking for everybody else.

The spaces are #36, #37 and #38. These spaces are ideal for someone going on a cruise that would like to have their car sheltered. It will also help relieve parking congestion.

To get to the spaces, go back to Via Marina and turn left. At the first light, make a U-turn. Enter the first Bar Harbor driveway (on the right).



The Fairwind Yacht Club Newsletter is published monthly, Jan.-Nov. Submissions are accepted on a space available basis. Deadline for publication is workday. To send me a contribution, you may (in order of preference):

E-mail it to me at [redbaron@mycondo.net](mailto:redbaron@mycondo.net)

Mail it to me on a floppy (address below, floppies and mailers provided on request).

Mail hard copy to Robert Baron,  
1425 Stanford St. no. 3, Santa Monica, CA 90404.

Leave hard copy on the clipboard with the attendance list on workday.

Work day Attendees: Mike Adon, Maury Barth, Marv Brown, Tina Claps, Stan Eubanks, Michael Fischer, Steve Fischer, Mike Fullern, Irv Furgatch, Joan Gilmore, Hans Hoffman, Bob Humer, Vince Kraus, Valerie Kraus, Jim Labor, David Lockman, Dave Lumian, Mitch Mandell, Pat Mantabe, Hugh McNulty, Al Mead, Roy Niebuhr, David Ordin, Steve Salani, Stephen Smith, Pam Tarlow, Damon Young, *and 8 others whose names I could not make out!*

If your name is misspelled or isn't here, I couldn't read it!

*The signup sheet is a legal document holding the Club harmless. Make sure you and your guests print your FULL names LEGIBLY.*

# FYC CRUISE CHECK OUT

Cruising is where all of your training and experience comes together; skill in sailing, navigation, motoring, safety, boat systems are all used. This Cruise Check Out is designed to help Fairwind members develop the confidence, experience and skills to safely and comfortably cruise the Club's boats.

Before skipping a cruise, each new member needs to do the following activities with a Cruise Check Out instructor approved by the Fleet captain. This may be on a Club or a personal cruise to any harbor outside Marina del Rey.

## *A Week (or more) Before the Cruise: Planning and Preparation*

- Read ASA's "Cruising Fundamentals"
- Plot the Intended Cruise on a Chart—Include Hourly Estimated Positions
- Allowing a 30% Fuel Reserve—Calculate Range Under Power
- Discuss Hazards—Identify Shipping Lanes, estimate time to lanes on chart
- In case of bad weather—identify safe harbors enroute
- Check Boat's Seaworthiness and Equipment
- Discuss Provisioning—Plan at least one meal cooked aboard
- Review destination's harbor Information
- Fill out and File the Float Plan—SeaTow, FYC, personal contacts

## *During the Cruise the Trainee will:*

- Inflate dinghy and tie down
- Rig jackline and when underway use a safety harness with tether
- Raise the Radar reflector
- Keep hourly log while underway—note position, speed, conditions, activity, ETA
- Update Chart Hourly using Dead Reckoning and taking Positions (not just GPS)
- Go Below & Navigate by GPS to simulate navigation in fog
- Pick up a mooring with spreader and secure boat (not necessarily overnight)
- Anchor and take 3 lines of position (not necessarily overnight)
- Assemble comfort supports (awning, flopper stopper, etc) if available
- Dock (or touch and go) at a non-MdR dock
- Monitor Channels 16 and 12—Discuss with Instructor
- While out of MdR and underway—Do Unplanned MOB simulation
- Discuss what to do if there's a system failure, accident, grounding
- Discuss how to read weather & what to do in storm or Santana winds
- Discuss how to prevent and treat sea sickness and hypothermia
- Use Macerator
- In Following Seas: Use a Preventor & Warp Line or Use Sea Anchor
- Bring foul weather gear—Put on and use for a while

## *After Cruise:*

- Stop at the Pumpout and Use
- Stop at the Gas Dock and refill
- Clean Boat Thoroughly and replace Gear
- Review and Discuss Cruise
- Submit the Hourly Log and a Photocopy of Chart to Fleet Captain

This is the new Cruise Checkout Sheet, please add it to your Blue Member Manual.

## CALENDAR

Date	Activity	Location
Saturday, Oct. 4, 2003	Workday / Club Sail Day Dockwalker event, 10 AM	Dockside 9:00 AM till ???
Thursday, Oct 9, 2003	Board Meeting 7:00 PM	Casa Escobar. 14160 Palawan Way (at Admiralty Way), Marina del Rey .
Sunday, Oct 12, 2003	Picnic and Sailing Cup	Burton Chace Park
Monday, Oct. 13, 2003	Women Sailing Instructor Clinic	Dockside, 10 AM-4PM
Thursday-Sunday, Oct 16-19, 2003	4 Harbors Cruise	Dockside
Sunday, Oct 26, 2003	Annual Brunch and free sail, 10 AM	Casa Escobar. 14160 Palawan Way (at Admiralty Way), Marina del Rey .
Saturday, Nov. 1, 2003	Workday / Club Sail Day Dockwalker event, 10 AM	Dockside 9:00 AM till ???
Thursday, Nov. 20, 2003	Board Meeting 6:30 PM General Membership Meeting 8:00 PM	Casa Escobar. 14160 Palawan Way (at Admiralty Way), Marina del Rey .

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[www.Fairwind.org](http://www.Fairwind.org)